



The Church calls and invites us all to live lives of integrity, truth and radiance. In today's first reading, St. Paul affirmed that God is not changeable or uncertain: "As God is faithful, our word to you is not 'yes' and 'no'" (2 Cor 1:18). In Christ, everything is a firm "yes." God's promises are not vague, they are fulfilled in Jesus, who anoints us, seals us, and places His Spirit in our hearts. The Gospel reminds us that as Disciples of Christ, we are "the salt of the earth" and "the light of the world" (Mt 5:13-14). Salt preserves, purifies, and gives flavor. Light reveals, guides, and warms. If our faith is real, it must be seen and felt, it must impact others. God's faithfulness is meant to shape our witness. Just as His "yes" is unshakable, our lives should reflect His truth without fear or compromise. Lord, you have sealed us with Your Spirit and called us to shine in the world. Strengthen our witness, that through us, others may come to taste and see Your faithfulness. Blessings for the new day.

